

### How long is this course?

Four days

### How much does this course cost?

UK costs £2800 (£700 per day) excluding VAT, materials and expenses. Contact [barbara@helensandersonassociates.co.uk](mailto:barbara@helensandersonassociates.co.uk) for further information.

### Materials

UK Comprehensive training pack at £30 per participant. Range of additional course materials available (e.g. DVDs laminated minibooks, laminated headings to use in reviews).

USA and Australia please contact [amanda@helensandersonassociates.co.uk](mailto:amanda@helensandersonassociates.co.uk) or [deb@helensandersonassociates.co.uk](mailto:deb@helensandersonassociates.co.uk)

We can train up to 20 people on this course.

We also offer a coaching service to support people with their first review.

This is usually a half day per participant who attends the training.

Please contact [charlotte@helensandersonassociates.co.uk](mailto:charlotte@helensandersonassociates.co.uk) or [barbara@helensandersonassociates.co.uk](mailto:barbara@helensandersonassociates.co.uk) for more details.

## Person Centred Reviews Transition Reviews, Citizenship Reviews (Year 10)

Care managers, teachers, social workers, health professionals, SENCOs and many other key people are required to facilitate reviews as part of the transition process for a young person. There are ways of facilitating reviews that puts the person at the centre of the process and draws on person centred thinking tools and approaches. This process often does not take any more time or preparation, but will help a young person explore what's possible around citizenship and develop a clear and focused person centred action plan.

While the process was designed with transition in mind, they are also being used with adults, children and young people in a range of different service situations. This course develops people's skills to enable them to facilitate citizenship reviews based on 6 keys to citizenship. Citizenship reviews are either done as a Year 10 follow up to build on a previous Year 9 person centred review or as part of a stand alone process. Citizenship reviews are ideal in supporting the individual budgets and in control agendas.

### What does the course cover?

This three day course (with one day follow-up) gives people:

- Understanding of citizenship reviews. The process is based on the 6 keys to citizenship which are; self determination, direction, money, home, support and community life. (Simon Duffy)
- An opportunity to explore what is possible nationally and locally for the young person in terms of citizenship and prioritising what they want to action.
- Structured exercises to enable participants to understand the headings and process used in reviews.
- Practice in facilitation skills and to be able to facilitate a citizenship review.
- Experience of facilitating citizenship reviews in a supportive environment.
- Opportunity to further develop and build on the achievements of the Year 9 important to/for review with young people, if relevant.

### Who is it for?

Anyone responsible for reviews, including; care managers, teachers, social workers, Connexions workers, SENCOs, transitions workers, other professionals.

### What will people be able to do as a result of attending this course?

Be able to facilitate Year 10 citizenship reviews with clear person centred actions.

Follow links on our website for lots of great recent examples of person centred citizenship reviews.

