

## TRAINING AND CONSULTANCY

### How long is this course?

Nine days

### How much does this course cost?

#### UK costs

£6300 (£700 per day) excluding VAT, materials and expenses. Contact [barbara@helensandersonassociates.co.uk](mailto:barbara@helensandersonassociates.co.uk) for further information.

#### USA costs

\$10,800 (\$1200 per day) excluding materials. Please contact [amanda@helensandersonassociates.co.uk](mailto:amanda@helensandersonassociates.co.uk) for further information.

#### Australia costs

\$14,850 (\$1650 per day) (including GST) excluding materials. Please contact [deb@helensandersonassociates.co.uk](mailto:deb@helensandersonassociates.co.uk) for further information.

### Materials

UK - Essential Lifestyle Planning Manual by Michael Smull, Helen Sanderson et al available from [www.inclusiononline.co.uk](http://www.inclusiononline.co.uk) priced at £14.95

USA and Australia please contact [amanda@helensandersonassociates.co.uk](mailto:amanda@helensandersonassociates.co.uk) or [deb@helensandersonassociates.co.uk](mailto:deb@helensandersonassociates.co.uk)

# Essential Lifestyle Planning Train the Trainers

As Partnership Boards and service providers develop frameworks for the implementation of person centred planning and develop their breadth and depth strategy for training, as outlined in the Guidance, organisations may wish to develop their local training capacity. This course will enable participants to deliver both 'breadth and depth training'. The depth training will be in Essential Lifestyle Planning and participants will become accredited Essential Lifestyle Planning trainers. The breadth training - person centred thinking skills - will be captured within the programme and participants will also be accredited person centred thinking trainers. The training will take place within your organisation and will be provided by experienced and accredited mentor trainers.

Accreditation as person centred thinking skills trainers is another option. This programme is accredited by the international organisation 'The Learning Community for Person Centred Practices' led by Michael Smull.

## What does this programme cover?

The potential trainer will:

- Spend 1-2 days with the mentor trainer for preparation, evaluation and support for on going learning.
- Be offered an opportunity to observe and coach on a course that we may be providing elsewhere.
- Co-facilitate a four day Essential Lifestyle Planning course within their organisation with the mentor trainer.
- Lead a second four day course whilst being observed by the mentor trainer.
- Provide detailed feedback notes and highlight any areas for further development.

## Who is it for?

Experienced Essential Lifestyle Planning facilitators who have completed at least four plans, including their own.

## What will people be able to do as a result of attending this course?

- Deliver four day Essential Lifestyle Planning facilitator/coaching training.
- Deliver person centred thinking skills training - the breadth training.
- Support facilitator/coaches on an ongoing basis with the development, coaching of others and implementation of their plans.
- Required to attend the annual UK gathering of the 'Learning Community for Person Centred Practices' which includes updates from Michael Smull who co developed Essential Lifestyle Planning in the United States.

On each of the ELP courses we can train 18-20 facilitators