

## TRAINING AND CONSULTANCY

### How long is this course?

This is a one day course.

### How much does this course cost?

UK costs £700 excluding VAT, materials and expenses  
Contact [barbara@helensandersonassociates.co.uk](mailto:barbara@helensandersonassociates.co.uk) for further information.

USA costs \$1200 excluding materials and expenses  
Contact [amandag@helensandersonassociates.com](mailto:amandag@helensandersonassociates.com) for further information.

Australia costs \$1650 including GST, excluding materials.  
Please contact [debw@helensandersonassociates.com.au](mailto:debw@helensandersonassociates.com.au) for further information.

### Materials

The materials required per participant will be the Person Centred supervision Workbook priced at £12.95 each.

## Person Centred Supervision

Person centred supervision is a partnership process that creates respectful and supportive climate enabling people to understand and support each other well. The strategies and tools used in this workshop promote listening and creative thinking.

### What does this course cover?

The course covers the 4 following areas:

1. Purpose: What do we want to achieve through supervision?
2. People: How do we work together in supervision?
3. Process: How do we develop an agenda for supervision? What is the process for supervision? How do we record our sessions?
4. Progress: How can we review our progress? What else can we try?

### Who is it for?

This course is suitable for any one in a supervisory position.

### What will people know and be able to do as a result of attending this course?

Participants will be able to utilise the person centred supervision process to conduct positive and productive supervisions. This includes:

- Clarifying purpose and success
- Agenda negotiation
- Decision making
- Begin to create a culture of appreciation
- Monitoring action and outcomes
- Personal development
- Clarifying roles and responsibilities