

How long is this programme?

Seven days

How much does this course cost?

UK costs £4900 (£700 per day) excluding VAT, materials and expenses. Contact barbara@helensandersonassociates.co.uk for further information.

USA costs \$8400 (\$1200 per day) excluding materials. Contact barbara@helensandersonassociates.co.uk for further information.

Australia costs \$11550 (\$1650 per day) (including GST) excluding materials. Please contact deb@helensandersonassociates.co.uk for further information.

Materials

UK - The materials required per participant will be the Person Centred Thinking Minibook available from www.inclusiononline.co.uk priced at £6.50 per participant as part of this training
USA and Australia please contact amandag@helensandersonassociates.com or deb@helensandersonassociates.co.uk

Person Centred Thinking - Train the Trainer Programme

For people being supported by services, it is not person centred planning that matters as much as the pervasive presence of person centred thinking. If people who use services are to have positive control over their lives, if they are to have self directed lives within their own communities then those who are around the person, especially those who do the day to day work need to have person centred thinking skills. Only a small percentage of people need to know how to write good person centred plans, but everyone involved needs to have good skills in person centred thinking, in the value based skills that underlie the planning.

There are a number of reasons for this. Teaching and supporting the use of person centred thinking skills will mean that:

- It is more likely that plans will be used and acted on, that the lives of people who use services will improve.
- You will have a number of ways to get plans started.
- Updating the plans will occur "naturally", needing less effort and time.

What does the programme cover?

The potential trainer will be required to be a participant in the 2 day person centred thinking training in order to gain an understanding of what the course covers. The potential trainer will then spend a day with the mentor trainer for preparation, evaluation and support for on going learning. The potential trainer would then co-facilitate a 2 day person centred thinking course within their organisation with the mentor trainer.

They will then lead a third 2 course whilst being observed by the mentor trainer. The mentor trainer will provide detailed feedback notes and highlight any areas for further development.

The programme covers a number of the skills with opportunities to practice them and think about how to apply them in your work.

Who is it for?

People who are interested in becoming person centred thinking trainers.

What will people be able to do as a result of attending this course?

Using person centred thinking tools and being able to:

- Deliver person centred thinking training.
- Support facilitator/ coaches on an ongoing basis with the development, coaching of others and implementation of their plans.

We can train between 18-20 people on each set of training and up to 2 potential trainers.